

Being Touched by John's Words

Adela Garcia
Buenos Aires, Argentina

Meeting John Shotter's ideas provided me with words to see and look – with a magnifying glass – at the multiple movements that are present in human interactions and thinking processes in the dance of an encounter with the other. The idea of rhetorical-dependent beings was one of these ideas, illuminating the possibility of the emergence of something new in every moment, highlighting our mobility as human beings.

When talking about witness-thinking, getting inside the thoughtful acts in the moment, “from within a unique never-before-encountered concrete circumstance,” brought a new light to the meaning of *being present* in the therapeutic meeting.

In the process of reading John's text, I realized that I needed time to get in touch with it, respect the *right tempo*, relate to its poetic style, watching the images generated by it and holding inner talks while being in contact with his words. Then creativity and imagination could be turned on. My practice and teaching have benefited from those reflections as a consequence new observations, openness and respect for the unfolding process.

Author Note:

Adela Garcia
FundaCES
Email: adelaggi@gmail.com